

Celebration of Ministries July 25, 2021

Arizona Justice For Our Neighbors

(AZJFON) – a United

Methodist Ministry

in Tucson – is

offering a “virtual”

border tour to high-

light the impact and challenges of their

work and that of four other partner

organizations in the Tucson area. The

tours will be via 90 minute zoom

sessions at 1:00 pm MST on each of the

four Thursdays in August. Several of us

took this tour in April and we highly

recommend it! To register contact

scottwmorris47@gmail.com – or just to

find out more about it, contact Gail

Gilman (gg4justice@gmail.com) or Joe

Loos (joelooos7245@gmail.com or

721-5013)

It's Fair Time!

It's

time to start thinking

about volunteering

at the First UMC Fair

Food booth shared with Grace UMC

August 11-15th . Do you like to cook

fries, burgers, chop, take orders?

Whatever it is, they have a position for

you! It's always a guaranteed good

time! Contact Todd and Cara Lightfield

at 880-4891 today to sign up!



Please consider supporting **Missoula Habitat for Humanity with their Stay Home for Habitat Raffle!** Habitat for Humanity of Missoula is a non-profit, ecumenical housing ministry dedicated to the elimination of poverty housing in our community and throughout the world.

Fabulous raffle prizes include an Oregon Coast Escape, Griz Fan Fest, and a Dozen Date Nights! Tickets are 1 for \$10 or 5 for

\$50. All

proceeds benefit

Missoula Habitat for Humanity.

Please contact



Lisa Mecklenberg Jackson, Habitat Board member (552-2936, lisameckjack@gmail.com) if you would consider buying a ticket(s).

Your support for this non-profit would be greatly appreciated!

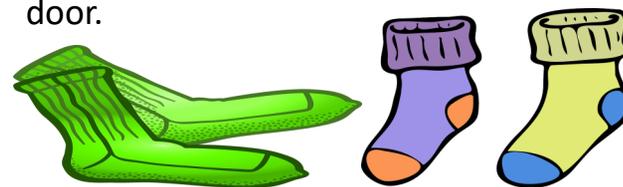


UMW and the Kitchen committee is getting ready for a August deep cleaning and organizing of the kitchen. They are requesting that members and church groups label their utensils and kitchen items they use in the kitchen before that time. They want to make sure that your groups' items stay together and are easy for you to find! Thank-you for your help in this! Any questions please contact Judy Whiddon at 406-239-4187 or jofturah@gmail.com

Wanted: Socks & Underwear!!

The *Gary Turbak Memorial* Back to School Clothing Project has been held at St. Paul Lutheran Church since 1987! Social Service agencies in Missoula are contacted for the names of needy families in the valley who have children ages 4-12. The families are invited to the church basement “store” where **new** clothes are arranged by size and gender. Last year almost 400 children got a pair of jeans, a top, a whole package of socks & underwear and a pair of shoes!! Several churches will be collecting the **new socks and underwear** during June and July!

THANK YOU! Missoula First UMC is one of those churches! Please drop off your donation in the box outside the office door.



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Tzedakah Pocket Ministry-

Thank you for your faithful support of this ministry. Your donations make a real difference for our community. We continue to work with requests that come to us directly as well as through other churches and organizations. We are in the time of year when many of us are taking trips, having guests, and visiting family now that such wonderful things are possible again. This occasionally takes us away from church and, as a consequence, Tzedakah Pocket donations are down although the need remains high. Please remember to take care of yourselves first but, if you are able to support the Tzedakah Pocket ministry by online donation through the First UMC website, by sending a check made out to First UMC (PO Box 7646, Missoula, MT 59807) with Tzedakah Pocket in the memo line, or by using the Tzedakah Pocket hanging next to the sanctuary exit door if you attend church in person, rest assured all the money donated will make a difference for someone in need. God bless you all and stay safe.

A recap of assistance provided by our church's Tzedakah Pocket ministry is shown below. You can see that we have provided more assistance than we have receive in donations so far in 2021. Fortunately, we had some carryover from 2020 that is keeping us in the black from an account standpoint. We will continue to do as much as we can with what we have.



Tzedakah Summary

2021 Donations: \$11,057.90

Assistance Paid	July 2021			Year-To -Date 2021		
	Amount	Fam.	Child.	Amount	Fam.	Child.
<i>Lodging</i>	\$ 0	0	0	\$ 4,401.74	18	25
<i>Rent/ Sec. Dep.</i>	\$ 0	0	0	\$ 2,990.00	13	32
<i>Other</i>	\$ 302.99	4	6	\$ 4,100.38	40	52
<i>TOTAL</i>	\$ 302.99	4	6	\$ 11,492.12	71	109

A necklace was found in the church parking lot! Please contact the church at 549-6118 if it belongs to you.



“Have you wanted to help end homelessness in Missoula, family by family? Consider becoming a HAN – a homeless advocate within a network of neighbors and friends who work with individuals and families to help them find homes. “ Our next HAN orientation, which is at 5:30pm on Aug. 10th via zoom. Contact Zeke Campfield (406-542-1543) for more information and the Zoom link. Hope to see you there!

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First UMC Green Team- Reducing your Carbon Footprint: One necessary piece of reducing our carbon footprint may be tough for Montanans to swallow: We need to eat less beef. That's because meat production – and especially beef production – has an outsized impact on the environment. Here's how National Public Radio's "[Life Kit](#)" podcast explained the problem in a recent broadcast: "It requires a lot of land to raise cattle — and globally, many forests are being cleared to make room for those animals. Deforestation releases lots of heat-trapping carbon dioxide that had been stored in the trees into the environment. And cows themselves release a lot of methane, a powerful greenhouse gas, [in the form of burps.](#)" One idea to help reduce beef consumption is meatless Mondays. Here is one delicious meatless recipe your family can try!

Vegetable Pot Pie

Ingredients:

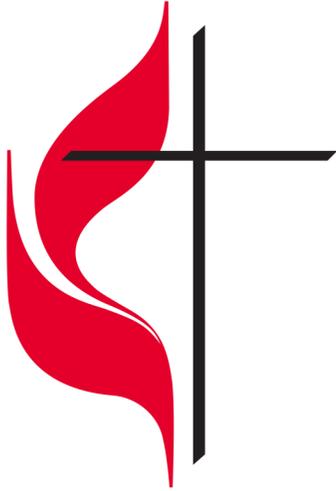
2 tablespoons water or extra-virgin olive oil
1 yellow onion, diced
3 garlic cloves, finely chopped
½ cup finely chopped mushrooms
1/2 (13.5-ounce) can light or regular coconut milk (or more, if desired)
1 tablespoon whole wheat or oat flour
3 tablespoons nutritional yeast
2 teaspoons sea salt
1 teaspoon thyme
¼ teaspoon cayenne pepper
2 cups frozen mixed vegetables (carrots, corn, peas, and green beans)
1 (13.5-ounce) can or carton of chickpeas, drained
2 (9-inch) frozen prepared whole-grain pie crusts, thawed
Freshly ground black pepper, to taste

Directions:

Preheat oven to 375°F. In a large soup pot, heat the water or oil over medium heat. Stir in the onions and garlic, and sauté until the onions are translucent, about 3 minutes. Add mushrooms and sauté for another 3 minutes. Add the milk, flour, nutritional yeast, salt, thyme, and cayenne, and mix until thoroughly combined. Reduce the heat, cover, and simmer for 5 minutes, stirring often. Place the vegetable mixture in a large bowl and stir in frozen vegetables and chickpeas. Stir in black pepper, taste, and adjust seasonings, as desired. Spoon the filling into the bottom pie crust. Cover the filling with the top pie crust, cut away the excess crust, and crimp the edges of the crusts together to seal. Make three small slits in the top center. Bake 35 to 40 minutes or until crust turns golden brown. Let cool for about 10 minutes before serving. Makes 6-8 servings.

Do you have a meatless recipe to share with our First United Methodist congregation? Email it to Green Team member Sherry Devlin at sherrydevlin@gmail.com and we'll include it in a future article. Thank you!

Prayer list for July 25, 2021



- Prayers of healing for Brad Williamson who continues to be in the hospital with pneumonia.
- Prayers of comfort and support for the family and friends on the to soon passing of Amy Loos, the sweet oldest niece of Karen and Joe Loos. Uplifting her sister, parents, and her 14 year old son during this difficult time.
- Prayers of comfort for the families who have lost loved ones and are experiencing devastation from the floods in Europe.
- Prayers for a mom/grandmother who is very sick with Covid in St. Louis even after getting the vaccine.
- Prayers of strength and healing for a daughter with breast cancer working two jobs.
- Healing for Jack, a 13-year-old boy with bone cancer currently undergoing treatment in Boston (for details search “Jack’s Army”).
- Strength and courage for Ralph Picker, who had major cancer surgery and lost his ability to speak hope in exploring new treatment options.
- Prayers of comfort and support for the family of Nancy Crabtree who passed away, especially her husband Joe.
- Continued prayers of comfort during a difficult time for Sonja and John Waldman-Bohnn.

Lord in your Mercy...Hear our Prayers...

